

# Enterex<sup>®</sup> Diabetic

*Complete and Specialized Nutrition for  
Individuals who Require Controlled Sugar Intake*



*Nutritious and Delicious*



Nutrition & medical products for a healthier life

- ✓ **No added sugar, fructose, corn syrup, saccharin, aspartame or sugar alcohols.<sup>†</sup>**
- ✓ **Contains sucralose, a non-caloric sweetener that does not require insulin to be metabolized.<sup>1</sup>**
- ✓ **Slow-digesting carbohydrate source.**
- ✓ **13 g/L of soluble fiber, which slows glucose absorption in the small intestine.<sup>2</sup>**
- ✓ **Provides Omega-3 fatty acids and is low in saturated fat, beneficial for cardiovascular health according to the latest recommendations from the ADA\* and AHA\*\*.<sup>3-6</sup>**
- ✓ **A good source of chromium, which is necessary for carbohydrate metabolism.<sup>7,8</sup>**
- ✓ **Contains M-Inositol, the deficiency of which is related with the development of diabetic nephropathy and neuropathy.<sup>8</sup>**
- ✓ **Lactose- and Gluten-free.**
- ✓ **Contains essential vitamins and minerals.**
- ✓ **Liquid, ready-to-drink formula in three delicious flavors.**



Presentation: Liquid			
Catalog No.	Units/Case	Unit Size	Flavor
60000	24 cans	237 ml (8 oz)	Vanilla
61111	4 six-packs	6 237 ml cans	Vanilla
61120	4 six-packs	6 237 ml cans	Strawberry
61160	4 six-packs	6 237 ml cans	Chocolate

- ✓ **No Sugar**
- ✓ **No Fructose**
- ✓ **No Saccharin**
- ✓ **No Aspartame**

† mannitol, maltitol, sorbitol, entre otros  
 \* American Diabetes Association  
 \*\* American Heart Association

### Nutritional Information per Serving

Nutrient	Amount/ Serving	Source	Caloric Distribution	Recommendations According to ADA* and AHA** Nutrition Guidelines <sup>3-6,9</sup>
Protein	12	Calcium Caseinate Sodium Caseinate	20%	15% - 20% of total calories
Total Carbohydrate (g)	27	Maltodextrin (Slow-digesting, complex CHO)	45%	consume primarily slow-digesting, complex carbohydrates; limit foods with added sugar
Fiber (g)	3	Soy Fiber	-	25 - 30 g/day
Total Fat 9	9		35%	25 - 35% of total calories
Saturated Fat (g)	0.5	Canola Oil	2%	<7% of total calories
Polyunsaturated Fat (g)	1.6	Safflower Oil	6%	up to 10% of total calories
Monounsaturated Fat (g)	6.3	(a source of Omega-3)	24%	>10% of total calories
Trans Fat (g)	0		0%	<1% of total calories
Cholesterol (mg)	<5		-	<300 mg/day
Sodium (mg)	210		-	≤2300 mg/day

Serving Size (ml)	237	Total Cal/g Nitrogen	125:1	Osmolality (mOsm/kg)	282
Calories (kcal)	240	Non-Protein Cal/g Nitrogen	100:1	Water (g)	202
Caloric Density (kcal/ml)	1.0				

### Indications

- ✓ Patients with Type I, Type II and Gestational Diabetes (as a snack and/or part of a balanced diet)
- ✓ Patients under metabolic stress with glucose intolerance.
- ✓ Individuals who require controlled sugar intake.

### Preparation & Administration

- Shake gently before opening.
- After opening, refrigerate unused portion and consume within 24 hours.
- For oral or enteral use.
- NOT FOR PARENTERAL USE.

### References

1. Mezitis NHE, et al. Glycemic effect of a single high oral dose of the novel sweetener sucralose in patients with diabetes. *Diabetes Care* 1996;19(9):1004-05.
2. Position of the American Diabetes Association: Health Implications of Dietary Fiber. *Journal of the American Dietetic Association* 2008;108(10):1716-31.
3. American Diabetes Association. Nutrition Recommendations and Interventions for Diabetes. *Diabetes Care* 2008;31(1):561-78.
4. American Diabetes Association. Detection and Management of Lipid Disorders in Diabetes. *Diabetes Care* 1993;16(Suppl.2):106-12.
5. American Diabetes Association. Diagnosis and Classification of Diabetes Mellitus. *Diabetes Care* 2008;31(1):S55-60.
6. American Heart Association. Diet and Lifestyle Recommendations Revision 2006: A Scientific Statement from the American Heart Association Nutrition Committee. *Circulation* 2006;114:82-96.
7. Mertz W. Chromium in Human Nutrition: A Review. *Journal of Nutrition* 1993;123:626-33.
8. Tinker LF, Heins JM, Holler H. Commentary and Translation 1994. Nutrition Recommendations for Diabetes. *Journal of the American Dietetic Association* 1994;94:507-11.
9. American Diabetes Association. Standards of Medical Care in Diabetes-2006. *Diabetes Care* 2006;29:S40-42.

