

# Enterex Espesante FOOD THICKENER

*Modified corn starch mixture to adjust food consistency*



*When food consistency is a problem...*



Nutrition & medical products for a healthier life

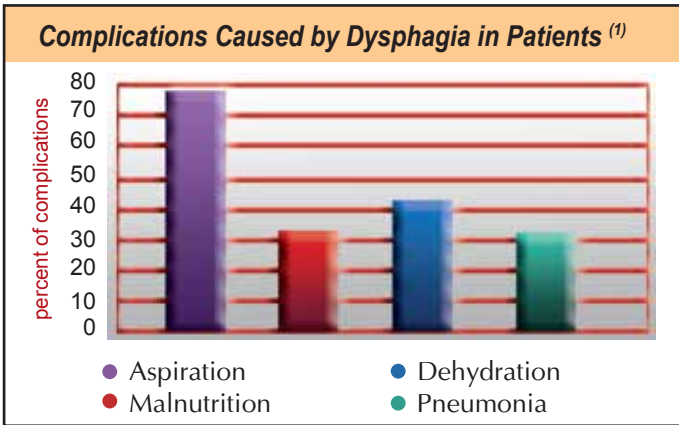
# When food consistency is a problem...

- ✓ Acts rapidly, saving preparation time.
- ✓ Does not alter flavor nor the nutritional value of foods.
- ✓ Does not require heating and mixes easily with any kind of food or beverage, hot or cold.
- ✓ Maintains desired consistency for a long period of time.



IN POWDER FORM  
227 g Can  
12 units/case  
Catalog Number: 11111

IN POWDER FORM  
4.5 g Sachets  
200 units/case  
Catalog Number: 11145



- Indications**
- ✓ Recommended for swallowing disorders.
    - Neuromuscular disorders
    - Cerebrovascular accidents
    - Parkinson's Disease
    - Alzheimer's Disease
    - Multiple sclerosis
  - ✓ Recommended for mechanical obstructions.
    - Oral cavity tumors
    - Neck tumors
    - Esophageal tumors
  - ✓ For post-radiotherapy disorders of the head and neck.
  - ✓ As coadjuvant to nutritional therapy for gastroesophageal reflux.
  - ✓ When a change in the consistency of liquids or other foods is desired (e.g., juices, soups, infant formulas, nutritional formulas, and other such as compotes and purees).

**Nutritional Information per Serving**

	Quantity	Source	Caloric Distribution
Protein (g)	0	Corn starch	100%
Carbohydrates (g)	4		
Fats (g)	0		

Serving size: 1 tablespoon of 4.5g  
Calories: 15 calories  
Energy: 62.79 kJ

**Ingredients:** Modified corn starch. Amylase 25%, Amylopectin 75%. Does not contain any type of allergen identified by the FDA and especially does not contain milk, eggs, fish, shellfish, nuts, peanuts, soy or its derivatives.

**Preparation**

Clear Liquids	Nectar Consistency	Honey Consistency	Pudding Consistency
4 ounces	1 tbsp.	1-1/2 tbsp.	2 tbsp.
6 ounces	1-1/2 tbsp.	2 tbsp. + 1 tsp.	2 tbsp. + 2 tsp.
8 ounces	2 tbsp.	3 tbsp.	1/4 Cup

Add the desired amount of Enterex Thickener to beverages, nutritional supplements, or infant formulas. Mix for several seconds or until the product is completely homogeneous.

To thicken liquids in a glass, add the measured amount of Enterex Thickener and stir for 10 to 20 seconds, wait 1 – 4 minutes to allow the liquid to reach the desired consistency.

**Reference**

1. Botella Trellis JJ, Ferrero Lopez MI. Management of dysphagia in the institutionalized elderly patient: current situation. NutrHosp 2002; 17(3): 168-74.

