

# GLUTAPAK<sup>®</sup> R

*For the Dietary Management of  
Gastrointestinal Disorders and Dysbiosis*



*Before, During and After the Race*



Nutrition & medical products for a healthier life

# Glutapak® R helps optimize intestinal health and function

Athletes that participate in long-distance runs may suffer from what is known as “runner’s trots” or “runner’s diarrhea”.

Glutapak® R is a combination of Glutamine and the superior probiotic *Lactobacillus reuteri*. Glutamine nourishes intestinal cells and improves digestion and absorption. *L. reuteri* effectively colonizes the gastrointestinal tract, restoring the intestinal microflora and helping to restore normal intestinal function.

The gastrointestinal benefits of glutamine and *Lactobacillus reuteri* have been validated by numerous clinical studies over the past two decades.

***This combination protects the integrity of the intestinal tract and helps counteract the causes of diarrhea***



Presentation: Powder			
Catalog No.	Units/Case	Unit Size	Content
73022	3 sachets	15g sachet	10g of L-glutamine and 10 <sup>8</sup> CFUs of <i>L. reuteri</i> Protectis
71222	12 sachets	15g sachet	10g of L-glutamine and 10 <sup>8</sup> CFUs of <i>L. reuteri</i> Protectis

Glutamine + Lactobacillus reuteri

- ✓ Nourishes gastrointestinal cells.
- ✓ Helps repair intestinal damage caused by stress.
- ✓ Clinically proven to improve intestinal function.

- ✓ Colonizes the intestinal tract and restores healthy intestinal flora.
- ✓ Clinically proven to reduce diarrhea and restore intestinal balance.

Visit [www.runnerstrots.com](http://www.runnerstrots.com) or call  
(305) 663-2129, ext.117  
to purchase Glutapak® R today

Recommendations\*

To counteract the causes of malabsorption and protect the gastrointestinal tract:

Adults: 1-3 sachets/day, depending on severity of symptoms

Preparation Instructions

Mix 1 sachet of Glutapak® R with 2-4 ounces of water, beverage, or soft food and consume immediately.  
Do not mix with extremely hot (coffee, tea) or extremely cold (ice cream, iced drinks) beverages or food.

**DO NOT HEAT OR FREEZE.  
DO NOT MIX WITH ALCOHOL.**

\*Glutapak® R recommendations are based on glutamine and Lactobacillus reuteri dosages that have been clinically demonstrated to reduce symptoms of diarrhea, gastrointestinal disorders and Helicobacter pylori treatment side-effects as well as improve gastrointestinal function (see Glutapak® R Product Monograph). The statements on this publication have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Protected by corresponding patents 5,849,289 and 7,374,924 and other issued and pending patents.

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Clinically Proven Probiotics  
*L. reuteri* licensed from  
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